

# Special meals



# Special meals

Foodcase and our partners have worked tirelessly to create the right delicious allergen-free recipes, a dedicated free-from environment for production, distribution, and allergen guaranteed onboard experience for passengers. These meals are suitable for all travel sectors, from plane to train and cruise.

Foodcase looks to cater for the needs of the Special Meals passenger. The rise in food allergies, special dietary needs and different lifestyle choices require a new way of doing things. Many companies cannot guarantee their meals from being allergen free and have the much-maligned alibi statement or “May Contain” caveat, making them entirely unsuitable for passengers travelling with food allergies.



To watch our video

## Foodcase icons



Our unique special meal boxes are fully biodegradable, tamper-evident and designed to be held in the freezer.

The main meal can be removed and placed in the oven. The heated meal box then inserts at the side for the cabin crew to hand to the passenger. The box has a tear strip for the passenger to open at the front, making it easier to eat.

All boxes contain a bread roll, low salt, pepper, cutlery and a napkin. All meals are gluten, nut, peanut and sesame-free and produced in an allergen-controlled environment.

SPECIAL MEALS include our top 14 allergen free meals in all cabins, meals for lifestyle, dietary, religious and other requirements.

### CUB FOOD FREE-FROM FOOD FOR KIDS

Cub is a smart kid who has food allergies. Cub wants to be like every other kid, enjoy school, enjoy life, enjoy his friends and family. Cub is an explorer who loves travelling. Cub doesn't want to be defined by his allergies.

Cub Food is a range of free-from food for children, food they love and can enjoy without anxiety. Our goal is to help manage the anxiety, not to eliminate it. It would be great if we never felt anxious or worried, Sorry to burst the bubble but that's not a realistic goal for anyone. The best way you can help children like cub to manage their food allergy is to navigate anxiety by helping to educate them, helping them learn to accept its presence, understand it, and develop skills to manage it.

Its those anxious feelings that can also be a positive tool, reminding kids to assess risk and motivate them to cope to make it through uncomfortable situations.

# Top 14 allergen free

At Foodcase International, we are proud to introduce our top 14 allergen-free special dietary meals designed specifically for the airline and travel industry. Our frozen and ambient versions of allergen guaranteed meals offer a convenient and comprehensive solution for catering to passengers with food allergies and special dietary needs.

Each allergen guaranteed box contains everything required for a complete meal, including a bread roll, spread, starter/appetiser, main course/entree, and dessert. By covering all of the most commonly used meal codes, our meals provide versatility and flexibility for airlines and caterers while ensuring the safety of passengers with allergies.

With the increasing demand for special dietary options and the rise in food allergies worldwide, our allergen-free meals offer ease of use for caterers and cabin crew alike. Most importantly, they provide assurance to your allergy passengers that their well-being is your top priority.

Many travellers today have multiple allergies, and our approach to serving allergen-free meals ensures both airlines and passengers that every precaution has been taken to eliminate potential allergens. Similar to the kosher model, our meals are packaged and sealed, providing peace of mind for passengers as they enjoy their inflight dining experience.

We are committed to revolutionising inflight catering by providing safe, delicious, and allergen-free meal options that meet the needs of all passengers.

# Three meal categories

To make meals safer for those needing them, we have split the most commonly used meal requirements into three meal categories.



## Category 1. Meat-based meal

(GFML, NLML)

This is meal suitable for those following a meat based gluten-free diet, it is suitable for coeliacs and those who are allergic to milk.



## Category 2. Plant-based meal

(AVML, GFML, HNML, MOML, NLML, VGML, VLML)

This gluten-free meal is suitable for those following a plant-based, Halal & Hindu diet. It is suitable for coeliacs and those who are allergic to milk.



## Category 3. Plant-based meal

(GFML, Less than 300C, Less than 5% Fat, No Added Salt, NLML)

This is a plant-based meal suitable for those requiring Lower calorie meal. No added salt & lower fat meal. Suitable for coeliacs and those who are allergic to milk.



# Special meals - frozen

Embark on a culinary adventure with Foodcase International's exquisite line of frozen, allergen-free meals, crafted to delight the palate while catering to dietary restrictions. Our special range offers a diverse selection of gourmet dishes, meticulously prepared and frozen at the peak of freshness, ensuring each bite bursts with flavor.

Indulge in a world of culinary possibilities, from savory pasta dishes to succulent roasted vegetables, all carefully curated to accommodate various allergens without compromising taste or quality. Whether you're craving a comforting lasagna or a zesty stir-fry, our meals provide a hassle-free solution for those with dietary sensitivities.

With Foodcase International, convenience meets culinary excellence, allowing you to savor restaurant-quality meals in the comfort of your own home. Simply heat and enjoy, knowing that each dish is crafted with the utmost care and attention to allergen-free standards. Elevate your dining experience with our frozen specialties, where flavor knows no bounds and allergens are simply left out in the cold.



Premium frozen meals  
CATEGORY 1 - GFML, NLML



Omelette with chicken

240 g

Herb omelette with chicken sausage and spicy beans



Chicken sausage

240 g

Chicken sausage, turkey bacon, mini hash browns and baked beans



Lamb tagine

240 g

Lamb tagine with persian tomato sauce and jewelled rice



Lemongrass chicken risotto

240 g

Lemongrass, ginger and kaffir chicken risotto mix



Beef bourguignon

240 g

Beef bourguignon with olive oil and roasted garlic mashed potato



Roast chicken

240 g

Roast chicken thyme jus, parmentier potatoes and seasonal vegetables

Premium frozen meals  
CATEGORY 1 - GFML, NLML



Veggie sausage

240 g

Veggie sausage, breakfast beans and mini hash browns



Potato tortilla

240 g

Potato tortilla, roasted tomato and red pepper stew



Moroccan vegetable

240 g

Moroccan vegetable fritters, persian tomato sauce and tagine rice



Vegan tikka masala

240 g

With coconut rice, onion bhaji, samosa and pakora



Premium frozen meals  
 CATEGORY 2 - AVML, GFML, HNML,  
 MOML, NLML, VGML, VLML



**Sundried tomato penne**

240 g

Sundried tomato and vegetable  
 ragu with gf penne



**Vegetable curry**

240 g

Butternut squash curry with  
 onion bhaji rice



**Lime cheesecake**

90 g

Yuzu and lime cheesecake,  
 yuzo sauce and lime and  
 coconut polenta shortbread



**Channa chickpea salad**

90 g

With Kaffir lime leaf and  
 coconut marinated tofu



**Bread slices**

70 g

3 Bread slices with libero  
 herbes de provance plant  
 butter



**Chocolate cake**

90 g

Chocolate and black cherry  
 cake, with black cherry  
 compote & chocolate bark  
 ganish

Premium frozen meals  
CATEGORY 1 - GFML, NLML



Chicken stroganoff

210 g

Chicken Stroganoff with brown rice



Roast chicken

210 g

Roast chicken thyme jus, parmentier potatoes and seasonal vegetables

Premium frozen meals  
CATEGORY 2 - AVML, GFML, HNML,  
MOML, NLML, VGML, VLML



Veggie sausage

210 g

Veggie sausage, breakfast beans and mini hash browns



Vegetable salad

70 g

Cauliflower lentil and rice salad



Potato tortilla

210 g

Potato tortilla, roasted tomato and red pepper stew



Coconation salad

210 g

Coconation chickpea, vegetable and rice salad

Premium frozen meals  
CATEGORY 2 - AVML, GFML, HNML,  
MOML, NLML, VGML, VLML



Keralan curry

210 g

Keralan and chickpea curry with coconut rice



Lentil pie

210 g

Vegetable and lentil shepherdess pie



Lemon cheesecake

70 g

Lemon cheesecake pot



Multi seed

70 g

Multi seed roll with libero plant based butter



Chocolate pot

70 g

Millionnaires chocolate pot





# Special meals - ambient

- Reduced food waste
- Simplified non-frozen supply chain
- Same quality as a frozen meal

Ambient meals are more sustainable as you save on the immense cost, emissions and energy pollution of freezing during transit. The meals long shelf-life reduces storage energy—along with not needing to be frozen or refrigerated, they should be stored in a dark room, reducing energy for lighting. The meals like to be starved of oxygen; I know sounds like torture, but a cool, dark dry, storage location really is best. The seals are tamper-evident.

At Foodcase our sustainability initiatives extend across our entire supply chain, starting with responsible sourcing that prioritizes locally grown ingredients, supporting local farmers and producers. This way we also reduce food miles and support vibrant, resilient communities.

The business is dedicated to reducing food waste through innovative production techniques and portion control measures. By optimising our processes and repurposing surplus ingredients, we minimize waste.

Previously, development in retort was very much concentrated on Economy meals, but with Foodcase's modern technology and expertise, ambient meals are appropriate for premium cabin classes. We look forward to upgrading your meal options and at the same time changing old perceptions and bringing delicious food for all budgets and culinary styles to every cabin and service.



Premium frozen meals  
CATEGORY 1 - GFML, NLML



**Frittata with chicken**

240 g

Vegetable frittata with chicken sausage & baked beans



**Tortilla with bacon**

240 g

Potato, onion and red pepper tortilla with turkey bacon and tomato 5 bean stew



**Lemon chicken**

240 g

Confit garlic and lemon chicken with sweet potato mash



**Chicken risotto**

240 g

Chicken and chorizo risotto



**Chicken truffle risotto**

240 g

Chicken wild mushroom and truffle risotto



**Braised beef**

240 g

Braised beef shortrib with colcannon

Premium frozen meals  
 CATEGORY 2 - AVML, GFML, HNML,  
 MOML, NLML, VGML, VLML



Vegan frittata

240 g

Vegan frittata with spicy beans



Vegetarian tortilla

240 g

Potato and onion tortilla with  
 tomato 5 bean stew



Vegetable paella

240 g

Red pepper, vegetable and  
 lemon paella



Vegetable risotto

240 g

Wild mushroom risotto



Chickpea coconut

240 g

Chickpea and vegetable  
 coconut curry with onion  
 bhaji rice



Smokey lentil chili

240 g

Smokey beluga lentil chilli with  
 brown turmeric and vegetable  
 rice



Bean salad

90 g

Roasted vegetable and  
 5 bean salad



Quinoa salad

90 g

Quinoa, rice and roasted  
 vegetable salad

Premium frozen meals  
CATEGORY 2 - AVML, GFML, HNML,  
MOML, NLML, VGML, VLML



Rice pudding

90 g

Coconut and mango  
rice pudding



Lemon love cake

90 g

Self saucing lemon pudding



Premium frozen meals  
**CATEGORY 1 - GFML, NLML**



**Keralan chicken curry**

210 g

Keralan chicken curry with onion bhaji rice



**Chicken bourguignon**

210 g

Chicken bourguignon with brown rice

Premium frozen meals  
**CATEGORY 2 - AVML, GFML, HNML, MOML, NLML, VGML, VLML**



**Chickpea curry**

210 g

Chickea coconut curry with onion bhaji rice



**Smokey chilli**

210 g

Smokey black bean chilli with brown rice



**Vegan frittata**

210 g

Vegan frittata with spicy beans



**Potato and onion tortilla**

210 g

Potato and onion tortilla with tomato 5 bean stew

Premium frozen meals  
CATEGORY 2 - AVML, GFML, HNML,  
MOML, NLML, VGML, VLML



Quinoa salad

70 g

Quinoa, rice and roasted vegetable salad



Roasted salad

70 g

Roasted vegetable and 5 bean salad



Rice pudding

70 g

Coconut and mango rice pudding



Spanish rice pudding

70 g

Spanish rice pudding with cinnamon and maple syrup

Please note that above is just a small selection of what we can offer.



# Religious meals

At Foodcase International, we understand the importance of catering to passengers' diverse religious dietary requirements. That's why we offer a range of certified Kosher Meals (KSML) suitable for all cabins. Our KSML options are prepared in accordance with strict kosher dietary laws, ensuring they meet the requirements of Jewish passengers seeking kosher-certified meals. These meals provide peace of mind and allow passengers to adhere to their religious dietary practices while traveling.

We also provide certified Halal Meals (MOML) for passengers adhering to Islamic dietary laws. Our MOML options are prepared in compliance with halal standards, making them suitable for Muslim passengers seeking halal-certified meals. With our Halal Meals, passengers can enjoy inflight dining without compromising their religious beliefs.

We offer a variety of other religious meals, including (HNML), Hindu, also (AVML), Asian vegetarian meals which cater to a wide range of religious dietary requirements. These meals are crafted with care to accommodate the dietary preferences and restrictions of passengers following Hindu and Asian vegetarian dietary requirements.

Additionally, our meals can be customised to be free-from common allergens, recognizing that food allergies do not discriminate based on religion. At Foodcase we are dedicated to ensuring that all passengers, regardless of their religious or dietary needs, can enjoy safe, delicious, and culturally appropriate inflight dining experiences.

